6th Grade Health Syllabus

Instructor

Ms. Kliemisch

Phone

980.247.0308

Email

kristena.kliemisch@cms.k12.nc.us

Website

http://healthandpewithmsk.weebly.com

Social Media

hpewithmsk

@PEwithMsK

Office Location

Media Center

Office Hours

Tu-Tr : 8:45– 9:50

Course Overview

Research suggests healthier children learn better and health education promotes learning in other subjects. We will learn about ways we can live healthier more active and more informed lifestyles. Students will be exposed to new concepts and ideas, learn how to gather information and make informed decisions.

https://www.youtube.com/watch?v=4SJ3T6EM3qU

Subjects that will be covered include:

RHASE (Reproductive Health and Safety Education) (6.ICR.2 - 6.ICR.3)
Alcohol, Tobacco and Other Drugs (6.ATOD.1 - 6.ATOD.2)
Interpersonal Communications and Relationships (6.ICR.1)
Nutrition and Physical Activity (6.NPA.1 - 6.NPA.4)
Mental and Emotional Health (6.MEH.1 - 6.MEH.3)
Personal and Consumer Health (6.PCH.1 - 6.PCH.3)

Course Materials

- Chrome Book (Canvas)
- Notebook — to be kept in class
- Folder
- Pencil/Pen
- Headphones — must **plug in** to the computer

Resources

We will use a variety of CMS approved resources throughout the unit. Some of these have been listed below.

- CMS Middle School Health Curriculum
- Canvas Health Class
- Mecklenburg ABC Officers

Homework Policy

Students will not be assigned much additional homework, what this means is that their homework will come from whatever work they do not finish from class that day. On the occasion additional homework is assigned, it will be accepted up to five days after the due date for partial credit. Late work will lose points each day it is late.

Missed Work

Students will be responsible to get any work/assignments/materials missed. After five days, the assignment will receive a zero (0) in the grade book. Late work will lose points each day it is late. All class work will be posted in Canvas.